

FCJ Spirituality House is a gentle haven for spiritual searchers.

For generations, our home has been a shelter and an inspiration for Christian sisters, clergy and lay people from across the world.

Here we make time to appreciate God's creation, to share unrushed time together and to accompany one another on our own particular faith journey. We have a special love for the Ignatian Spiritual exercises, which invite us to 'See God in all things', gently and with hope.

All are welcome to enter into the spirit of FCJ Spirituality House by the sea, where we can so clearly see 'nature as a magnificent book in which God speaks to us' each morning (Pope Francis, LS12).



## Contact Us:

### Where we are:

FCJ Spirituality House, Teach Spioradálta.

Breaffy South, Co Clare.

V95E0W7 . Ireland.

### Contact us:

**Director: Nóirin Lynch**

Phone: 087 447 9115

Email: [info@fcjspiritualityhouse.ie](mailto:info@fcjspiritualityhouse.ie)

Web: [www.fcjspiritualityhouse.ie](http://www.fcjspiritualityhouse.ie)

Join our monthly e-newsletter at the website or by emailing us.

Registered Charity Number

20013745



FCJ Spirituality House  
Teach Spioradálta

A Corporate Ministry of the Sisters Faithful Companions of Jesus | FCJ Ireland



## Residential Retreats

*Advent 2022 - Autumn 2023*

*"...many people were coming and going.  
So they did not even have a chance to eat.*

*Then Jesus said to his apostles, "Come with me by yourselves to a quiet place.*

*You need to get some rest"*

Mark 6:31.

## Advent 2022

Nov 25-27th Preparing to Prepare for Advent with Jessie Rogers

Dec 3rd Finding your Way in Advent with Aileen Murphy RLR

## Start 2023 with Joy!

Jan 20 - 23rd An Ashram Experience with Jane Mellett and Saule Cameron

Feb 10 - 12th Creative Writing weekend with Anne F O'Reilly

Feb 24 - 26th Centering Prayer weekend with Fionnuala Quinn OP

## Manresa at Spanish Point 2023

*Directed Retreats with Manresa team, by the sea!*

Mar 31 - Apr 3rd. Ashley Evans SJ, Aileen Murphy RLR

May 19 - 27th . Ashley Evans SJ, Eileen O'Brien

Nov 12 - 15th. Aileen Murphy RLR, Ashley Evans SJ

*4 day directed retreats may also be possible in May, depending on spaces available after January.*

## Lent, Easter Season & Summer Retreat Opportunities 2023

March 24-26th Recognising Manna, A Lenten Quest with Carol Barry

Mar 3 - Apr 3rd Manresa directed retreat

Apr 21 - 23rd Easter Season retreat with Jessie Rogers

May 19 - 27th . Ashley Evans SJ, Eileen O'Brien

June 9-11th Lectio Divina retreat weekend with Seamus O'Connell

June 22-25 An Ashram Experience with Jane Mellett and Saule Cameron



## Looking towards Autumn 2023

Sept 22 - 24 Harvesting Gratitude with Carol Barry

Oct 13-15 Poets as Mystics - a reflective weekend with Anne F O'Reilly

Nov 12 -15 Manresa directed retreat

*Full details of all events and booking info is available on our website. All contact details are on the back of this brochure.*

## Room rental.

If you have a group who might like to gather here for a spiritual, community or supportive event - we would welcome enquiries. We have 2 large meeting rooms as well as a counselling room which might be of interest. From January 2023, the residential rooms (12 bedrooms, shared baths) will also be available for groups we work with, Please email [info@fcjspiritualityhouse.ie](mailto:info@fcjspiritualityhouse.ie) for details